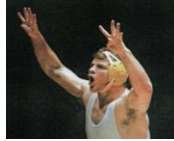


# MAURER & COUGHLIN WRESTLING CLUB

## BLAKE MAURER

- Indiana's 6<sup>th</sup> 4x State Champion (187-2)
- Indiana Wrestling Hall of Fame Inductee (2011)
- Ranked #1 in the Country as a High School Senior (2004)
- Wrestled at Ohio State University, NCAA Qualifier (2006)



## MATT COUGHLIN

- 2x Indiana State Champion, 4x Finalist (178-4)
- Junior National Freestyle Champion (2004)
- High School Senior National Champion (2005)
- Fila Junior National Freestyle Champion (2006)
- Fila Junior Freestyle World Team Member (2006)
- Wrestled at Indiana University, NCAA All-American (2007)



## OUR GOAL

The summer is the most crucial time for wrestlers to gain (or unfortunately lose) ground on their competition. During this 7 week club, our goal is to keep our students' wrestling skills sharp and up-to-date. Not only do we follow the blueprints from our own careers, but we strive to stay current on recent wrestling techniques in order to make our students the most successful and competitive around. Our club covers the proper ways of drilling, training, and most importantly, developing mental toughness! In order to ensure that each student gets optimal training, we will select groups based on experience level and weight.

It's time  
to get better  
this summer...



**BE A STUD!**

## CLUB FORMAT

- **ONLY 300 MEMBERSHIPS WILL BE AVAILABLE: FIRST COME, FIRST SERVE!**
- We are an ISWA affiliated club. All club members **MUST** have an ISWA card
- **AGES:** Grades K-12
- **GROUP SIZE:** Each group will be around 20-30 wrestlers...34 Maximum
- **COST:** \$350
- **M.C.W.C.** will be held at Mater Dei High School (1300 Harmony Way Evansville, IN 47720)
- You will get 1 session a day, 2 sessions a week (14 sessions total)
- **DATES:** Begins June 6th, 2011. Ends July 30th, 2011.
- **PLEASE NOTE:** There will be **no practices** July 4<sup>th</sup>-10<sup>th</sup> due to Moratorium Week

## CLUB APPLICATION

Name \_\_\_\_\_ Age \_\_\_\_\_ Weight \_\_\_\_\_

Wrestling Experience (ex: # of years, record and accomplishments, etc.) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Mondays and Thursdays \_\_\_\_\_ at 9-11AM \_\_\_\_\_ or 1-3PM \_\_\_\_\_ or 5-7PM \_\_\_\_\_

Tuesdays and Fridays \_\_\_\_\_ at 9-11AM \_\_\_\_\_ or 1-3PM \_\_\_\_\_ or 5-7PM \_\_\_\_\_

Wednesdays and Saturdays \_\_\_\_\_ at 9-11AM \_\_\_\_\_ or 1-3PM \_\_\_\_\_ or 5-7PM \_\_\_\_\_

**(\*AVAILABILITY IS LIMITED\*) PLEASE MARK ALL DAYS AND TIMES YOU ARE AVAILABLE.**

**APPLICATION DEADLINE: MAY 10TH, 2011**

**MAIL TO: MAURER & COUGHLIN WRESTLING CLUB**

**303 S. LEMCKE AVE. EVANSVILLE, IN 47712**

**E-MAIL: mcwrestle@gmail.com**